December 20, 2018 Special Meeting Item # 2a

Behavioral Health

Updated Agreement



Mono County Behavioral Health

Mental Health Services Act (MHSA)

FY 2017-2018: Updated Reversion Expenditure Plan



WELLNESS • RECOVERY • RESILIENCE

MONO COUNTY MHSA FISCAL ACCOUNTABILITY CERTIFICATION

County/City: Mono X Updated Reversion Expenditure Plan

Mono County Behavioral Health Director:

Mono County Finance Director

Name: Robin K. Roberts

Telephone number: 760-924-1740 E-mail: rroberts@mono.ca.gov Name: Janet Dutcher

Telephone number: 760-932-5494 Email: jdutcher@mono.ca.gov

Mono County Behavioral Health Mailing Address:

PO Box 2619/452 Old Mammoth Road, Third Floor Mammoth Lakes, CA 93546

I hereby certify that the Three-Year Program and Expenditure Plan, Annual Update, Annual Revenue and Expenditure Report, or Reversion Expenditure Plan is true and correct and that the County has complied with all fiscal accountability requirements as required by law or as directed by the State Department of Health Care Services and the Mental Health Services Oversight and Accountability Commission, and that all expenditures are consistent with the requirements of the Mental Health Services Act (MHSA), including Welfare and Institutions Code (WIC) sections 5813.5, 5830, 5840, 5847, 5891, and 5892; and Title 9 of the California Code of Regulations sections 3400 and 3410. I further certify that all expenditures are consistent with an approved plan or update and that MHSA funds will only be used for programs specified in the Mental Health Services Act. Other than funds placed in a reserve in accordance with an approved plan, any funds allocated to a county which are not spent for their authorized purpose within the time period specified in WIC section 5892(h), shall revert to the state to be deposited into the fund and available for other counties in future years.

I declare under penalty of perjury under the laws of this state that the foregoing and the attached update/report are true and correct to the best of my knowledge.

Robin K. Roberts

Behavioral Health Director (PRINT)

12.20.2018

Signature

Date

I hereby certify that for the fiscal year ended June 30, 2017, the County/City has maintained an interest-bearing local Mental Health Services (MHS) Fund (WIC 5892(f)); and that the County's/City's financial statements are audited annually by an independent auditor and the most recent audit report is dated for the fiscal year ended June 30, 2017. I further certify that for the fiscal year ended June 30, 2017, the State MHSA distributions were recorded as revenues in the local MHS Fund; that County/City MHSA expenditures and transfers out were appropriated by

the Board of Supervisors and recorded in compliance with such appropriations; and that the County/City has complied with WIC section 5891(a), in that local MHS funds may not be loaned to a county general fund or any other county fund.

I declare under penalty of perjury under the laws of this state that the foregoing and the attached report is true and correct to the best of my knowledge.

Janet Dutcher	ganeroyay	12/18/20/8
Mono County Finance Director (PRINT)	Signature	Date

MONO COUNTY MHSA REVERSION CERTIFICATION

County/City: Mono X Updated Reversion Expenditure Plan

Mono County Behavioral Health Director:

Mono County Finance Director

Name: Robin K. Roberts

Telephone number: 760-924-1740

E-mail: rroberts@mono.ca.gov

Name: Janet Dutcher

Telephone number: 760-932-5494 Email: jdutcher@mono.ca.gov

-

Mono County Behavioral Health Mailing Address:

PO Box 2619/452 Old Mammoth Road, Third Floor Mammoth Lakes, CA 93546

I hereby certify that the Adjustments Worksheet is true and correct and that the County has complied with all fiscal accountability requirements as required by law or as directed by the State Department of Health Care Services and the Mental Health Services Oversight and Accountability Commission, and that all expenditures are consistent with the requirements of the Mental Health Services Act (MHSA), including Welfare and Institutions Code (WIC) sections 5813.5, 5830, 5840, 5847, 5891, and 5892; and Title 9 of the California Code of Regulations sections 3400 and 3410. I further certify that all expenditures are consistent with an approved plan or update and that MHSA funds will only be used for programs specified in the Mental Health Services Act. I declare under penalty of perjury under the laws of this state that the foregoing and the attached Appeal Worksheets are true and correct to the best of my knowledge.

Robin K. Roberts

Behavioral Health Director (PRINT)

12-20-2018

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Date

I hereby certify that for the fiscal year ended June 30, 2017, the County/City has maintained an interest-bearing local Mental Health Services (MHS) Fund (WIC 5892(f)); and that the County's/City's financial statements are audited annually by an independent auditor and the most recent audit report is for the fiscal year ended June 30, 2017. I further certify that for the fiscal year ended June 30, 2017, the State MHSA distributions were recorded as revenues in the local MHS Fund; that County/City MHSA expenditures and transfers out were appropriated by the Board of Supervisors and recorded in compliance with such appropriations; and that the County/City has complied with WIC section 5891(a), in that local MHS funds may not be loaned to a county general fund or any other county fund. I declare under penalty of perjury under the laws of this state that the foregoing, and if there is a revenue and expenditure report attached, is true and correct to the best of my knowledge.

Janet Dutcher	Janet Buttle	12/18/2018
Mono County Finance Director (PRINT)	Signature	Date

INTRODUCTION & OVERVIEW

County Mental Health Plans (Counties) receive state-based funding for mental health services as a result of California Proposition 63 (now known as the Mental Health Services Act or MHSA), which was passed in November of 2004. MHSA provides increased funding to support California's county mental health programs. The MHSA imposes a one percent income tax on personal income in excess of \$1 million to address a broad continuum of community services, supports, prevention, early intervention and services needs and the necessary infrastructure, technology and training elements that will effectively support this system, with the purpose of promoting recovery for individuals with serious mental illness. Counties develop or enhance mental health programs in accordance with State requirements, by engaging in an annual Community Program Planning Process that includes significant stakeholder input and involvement.

This Plan Update focuses on AB 114, which became effective July 10, 2017. This assembly bill stated that unspent MHSA funds up for reversion are now reallocated back to the county of origin for the purpose which they were originally allocated. For example, Prevention and Early Intervention (PEI) funds up for reversion were reallocated to the county for PEI purposes only.

Every county must develop a plan to spend its reallocated funds and post it to the county's website. The county must submit a link to the plan to DHCS (Department of Health Care Services) by July 1, 2018. Each county's Board of Supervisors (BOS) must adopt a final plan within 90 days of the county posting the plan to the county's website. Each county must submit its final plan to DHCS and the MHSOAC (Mental health Services Oversight and Accountability Commission) within 30 days of adoption by the county's BOS. All reverted funds must be expended no later than June 30, 2020. These funds are unlike regular MHSA revenue. They will not renew every year and once they have been spent, the state is not providing additional funding to replace it. The reverted funds are, in a sense, one-time allocations.

Mono County Behavioral Health (MCBH) received two official notices from DHCS regarding funds up for reversion. First, MCBH was notified that \$74,710 in the Prevention and Early Intervention component and \$85,088 in the Innovations component were reverted back to the State and immediately reallocated to MCBH for use before June 30, 2020. MCBH submitted a plan entitled "Mono County Behavioral Health Mental Health Services Act FY 2017-2018 Update: Reversion Expenditure Plan" that met all the requirements outlined above. However, on June 22, 2018; MCBH received a second official notice of reversion from DHCS.

Upon further conversation with DHCS, officials provided further guidance on the requirements to create a reversion plan for the funds identified by the second notice. They confirmed that MCBH needed to create a "Reversion Expenditure Plan Update" (this plan) and go through the same public process as outlined above. MCBH opted to include the "Reversion Expenditure Plan Update" with its MHSA Annual Update. In the second official notice of reversion, MCBH was notified that \$320,652 in the Prevention and Early Intervention component, \$84,935 in the

Innovation component, \$66,709 in the Workforce Education and Training component, and \$306,021 in the Capital Facilities/Technological Needs component were reverted back to the State and immediately reallocated to MCBH for use before June 30, 2020. This updated reversion expenditure plan discusses how MCBH plans to use these funds before June 30, 2020.

Each of the proposed programs below has been developed through the Community Program Planning Process outlined in MCBH's MHSA FY 2018-2019 Annual Update.

SPENDING PLAN BY COMPONENT

Prevention and Early Intervention (PEI)

MCBH has identified housing stability as a key community need through its own community needs assessments and by studying needs assessment documents developed by both the County of Mono and the Town of Mammoth Lakes. With this in mind, MCBH plans to use the reverted funds (\$320,652) originally allocated in FY 14/15 to fund a Housing Stability Program in FY 2019-2020. This program will provide services designed to increase housing stability among clients the department serves and other at-risk members of the community. This program will also provide outreach for increasing recognition of early signs of mental illness and will aim to reduce stigma and discrimination. Additionally, this program will serve individuals of all ages, as many individuals, families, and transition age youth struggle to find and maintain safe, adequate housing.

	FY 18-19 (Jan 1-June 30)	FY 19-20	Total
Housing Stability Program		\$320,652	\$320,652
Total		\$320,652	\$320,652

Innovation

Mono County Behavioral Health plans to use its Innovation funds that are up for reversion to fund an extension to its existing Innovation Plan, entitled "Eastern Sierra Learning Collaborative: A County-Driven Regional Partnership." Earlier in this document (MHSA FY 2018-2019 Annual Update), MCBH provides a full Innovation Project Extension Request, which the department plans to present before the Mental Health Services Oversight and Accountability Commission in February 2019.

Mono County Behavioral Health launched its first learning sessions for the Eastern Sierra Learning Collaborative in January 2018, after receiving approval from the OAC in September 2017. The

project has been successful thus far and has contributed to increased collaboration between the three county departments, including sharing of information about processes, programs, and practices. Staff have found traveling to the other counties for trainings to be interesting and enjoyable, and most importantly, staff report that the Strengths Model is having a positive impact on their work with clients. Staff in Mono County have implemented the weekly Strengths Model Group Supervision, in which staff members brainstorm ideas to help clients gain movement around their goals. Additionally, many staff are using Strengths Assessments and Personal Recovery Plans (two of the key tools in the Strengths Model) on a weekly basis.

Despite these early successes, MCBH staff (the project stakeholders) and the project consultants have identified areas where implementation could be bolstered by additional support. Diving into the project has also challenged MCBH staff and project consultants to consider several additional learning questions. Within several months of launching this Innovation project, MCBH realized that supervising the local implementation of this project was an unrealistic workload for one supervisor. A solution for this problem — ultimately identifying several "Strengths Model Champions" among other staff — took time to develop and refine, placing MCBH a bit behind the implementation curve. As it relates to capacity, our staff members "wear many hats": all staff participate in almost all of what is offered by our mental health side of the department. This can mean that trainings can be disruptive to other aspects of our daily works schedules; making our learning process a little slower than you might see in a larger, more specialized department.

MCBH also encountered a second critical hurdle related to involving its community partners. Although MCBH worked with community partners in preparing for this Innovation Project, the department overestimated the ability and time for community partners to travel to and attend these trainings. Additionally, because the content builds from session to session, if partners miss one session, it can be challenging to be "up to speed" and feel like part of the "learning collaborative cohort." These challenges are also discussed in MCBH's Annual Innovation Plan Update.

In order to implement this Innovation Project as originally planned, MCBH has chosen to request a time extension of four months (originally the project ended October 1, 2019, now would end January 30, 2020) and approval to spend an additional \$84,935. This extension of time and funds would allow more one-on-one coaching with staff, additional training in Motivational Interviewing (MI) techniques, more in-person time in Mono County for facilitators to engage with and train community partners, and additional funds for more qualitative evaluation. The one-on-one coaching and additional MI training would help provide additional support to staff who are serving as the "project champions" and ensure that other staff have an opportunity to really hone their Strengths Model skills with the help of experts.

Adding more in-person time in Mono County for facilitators to engage with and train community partners will help alleviate the challenges around time and travel that have come up since implementation. It will also allow the facilitators to tailor the content specifically to the partners attending and break the Strengths Model down appropriately.

This extension to the project will help MCBH address such new learning questions as "How will community partners benefit from in-person, tailored training?" and "Will additional MI training and one-on-one coaching help build staff capacity in Mono County?"

Please see the Innovation Plan Extension Request located in MCBH's MHSA FY 2018-20019 Annual Update for further detail about MCBH's plan and its budget.

	FY 18-19 (March 1 – June 30)	FY 19-20 (July 1 – Jan. 30)	Total
Motivational Interview Training, Engagement with Community Partners, One-on-One Coaching, Qualitative Evaluation, MCBH Staff Costs for Extension	\$20,000	\$64,935	\$84,935
Total	\$20,000	\$64,935	\$84,935

Workforce Education and Training

Through work with staff, the MCBH Cultural Outreach Committee, and the Behavioral Health Advisory Board, MCBH has identified a number of trainings and activities in which it would like staff to participate. These include a community wellness training, a white fragility training, and a cultural competence training. MCBH anticipates offering these trainings to other departments as well. MCBH plans to bring subject matter experts to Mono County to offer these trainings and engage staff in true learning. Additionally, trainings will include staff-identified conferences and leadership/professional development opportunities.

As outlined in its Three-Year Plan, MCBH offers a financial incentive program for staff members in which the department will pay up to \$10,000 per year toward the principal of loans for relevant higher education. This is offered as a retention strategy and is extremely valuable in this small county. MCBH anticipates offering this incentive to up to two staff members for FY 2018-2019 and FY 2019-2020.

Finally, MCBH staff engaged in a series of small group discussions around staff needs and ideas for departmental improvements. One subject that came up across all three groups was team building. Many staff expressed a feeling that there was a lack of cohesion and collaboration in the office that had the possibility of affecting staff retention. To help address these concerns, MCBH plans to work with an expert to plan and execute several team building events throughout the next 18 months.

	FY 18-19 (Jan 1-June 30)	FY 19-20	Total
Trainings & Team Building	\$8,903	\$17,803	\$26,709
Financial Incentives	\$20,000	\$20,000	\$40,000
Total	\$28,903	\$37,806	\$66,709

Capital Facilities/Technological Needs

As stated in the MHSA Three-Year Plan for 2017-2020, Mono County Behavioral Health is planning to use its CF/TN funds for a housing project located in Mammoth Lakes. The funds up for reversion in this category will be expended on this project by the end of FY 2019-2020.

	FY 18-19 (Jan 1-June 30)	FY 19-20	Total
Mammoth Lakes Housing Project	\$306,021		\$306,021
Total	\$306,021		\$306,021

LOCAL REVIEW PROCESS

30-day Public Comment period dates: November 19, 2018 - December 18, 2018

Date of Public Hearing:

December 19, 2018, 5:00-6:00 pm, Sierra Wellness Center, Sierra Center Mall, Second Floor

Describe methods used to circulate, for the purpose of public comment, the Annual Update & Updated Reversion Expenditure Plan

The plan was posted at monocounty.ca.gov/MHSA on November 19, 2018. A news article was posted on MCBH's website and the Mono County website on November 20, 2018, and the public hearing was listed as an upcoming community event on MCBH's Community Events web page. Please see images below for examples of advertisement.

Public Input Sought

Mental Health Services Act Annual Update & Reversion Expenditure Plan

Mono County Behavioral Health invites community members to:

- Access the plan at: www.monocounty.ca.gov/MHSA
- Send comments via email to: agreenberg@mono.ca.gov
- Share input at a community meeting:
 December 19th at 5:00 p.m.
 Sierra Wellness Center
 Sierra Center Mall, Second Floor

Solicitación de Comentario Público

Acta de Servicios de Salud Mental Actualización Anual y Plan de Reversión

Salud Mental del Condado de Mono invita a la comunidad para:

- Accesar el plan: www.monocounty.ca.gov/MHSA
- Mandar comentarios por correo electrónico a: agreenberg@mono.ca.gov
- Compartir su opinión en la junta para la comunidad:
 El 19 de Diciembre a las 5:00 p.m.
 Centro de Bienestar
 Sierra Center Mall, Segundo Piso



Acta de <u>Servicios</u> de <u>Salud</u> Mental <u>Actualización Anual</u> y Plan de Reversión:

La comunidad esta cordialmente invitada para aportar su opinión sobre la Acta de Servicios de Salud Mental Actualización Anual y Plan de Reversión. Miembros de la comunidad pueden dar su opinión:

19 de <u>Diciembre</u> de 2018 a las 5:00 p.m.

Centro de <u>Bienestar</u> Sierra Center Mall, Segundo <u>Piso</u>

Salud Mental del Condado de Mono también aceptará su opinión por corteo electrónico hasta el 18 de Diciembre. Por favor comuniquese con Amanda Greenberg: agreenberg@mono.ca.gov

Para <u>obtener</u> una <u>copia</u> actual del Acta de <u>Servicios</u> de <u>Salud</u> Mental, por favor <u>visite</u> a www.monocounty.ca.gov/MHSA



Mental Health Services Act Annual Update & Reversion Expenditure Plan:

Mono County Behavioral Health invites community members to provide input on the County's Mental Health Services Act (MHSA) Annual Update & Reversion Expenditure Plan. Community members can provide input at a community meeting on:

December 19th, 2018 at 5:00 p.m.

Sierra Wellness Center
Sierra Center Mall. Second Floor

Mono County Behavioral Health will also be **accepting public comment via email** until December 18th. Please contact: Amanda Greenberg at agreenberg@mono.ca.gov

For a copy of the MHSA plan, please visit www.monocounty.ca.gov/MHSA

Los votantes de California aprobaron la Acta de Servicios de Salud Mental (MHSA, Propocisión 63) el Noviembre de 2004. MHSA coloca un 1% de impuestos a ingresos personales que sobrepasa \$1,000,000. Condados reciben los fondos por el estado con la meta de transformar el sistema de salud publico a un sistema dirigido por las familias y clientes, orientado a la recuperación, accesible, y culturalmente competente.

California voters passed the MHSA (Proposition &3) in November 2004. MHSA places a 1% tax on personal incomes over \$1,000,000. Counties receive funds through the State with the goal of tunsforming the public mental health system into one that is consumer & family driven, recovery oriented, accessible, & culturally competent.

MONO COUNTY California's Eastern Sierra

RESIDENTS



p. (760) 924-1740 f. (760) 924-1741 Crisis Intervention/ Emergency: 911 After-Hours/ Access Line: (800) 687-1101

Our offices will be closed on the following dates in 2018: February 19 | May 28 | July 4 | September 3 | October 8 | November 12 | November 22 | November 23 | December 24-25 | December 31 | January 1, 2019

Edit Contact Details

Upcoming Events

Behavioral Health Advisory Board

11/19/2018 - 3:00pm

IO / UJJ TIIGHIWAY JJJ

All are welcome! Dinner Provided!

December 3rd
Behavioral Health Advisory Board Meeting
3:00-4:30 pm
Behavioral Health Offices
Sierra Center Mall, 3rd Floor

All are welcome

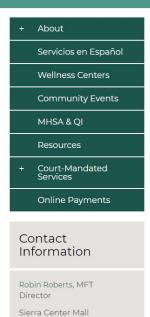
December 13th
Foro Latino
5:30-7:30 pm
Mammoth High School
Click here to view flyer

December 19th
MHSA Annual Update Public Hearing
5:00 pm
Sierra Wellness Center
Sierra Center Mall, 2nd Floor
All are welcome. Snacks provided





Behavioral Health



Public Comment Sought for MHSA FY 18-19 Annual Update & Updated Reversion Expenditure Plan



On November 19, 2018, Mono County Behavioral Health (MCBH) posted a draft of its Mental Health Services Act (MHSA) FY 2018-2019 Annual Update and Updated Reversion Expenditure Plan for public comment. Members of the community are invited to review the plan and submit comments by emailing Amanda Greenberg at agreenberg@mono.ca.gov or by attending a public meeting on December 19th from 5:00-6:00 pm at the Sierra Wellness Center in Mammoth's Sierra Center Mall (2nd floor)

The MHSA FY 2018-2019 Annual Update and Updated Reversion Expenditure Plan can be found by visiting monocounty.ca.gov/mhsa or directly by clicking on this link.

The MHSA requires counties to conduct a Community Planning Process and a Local Review Period. To identify county needs and to engage the public in our planning process, MCBH asked residents to fill out a Community Survey and participate in several focus groups. Through this process, MCBH staff and other stakeholders developed the 2018-2019 MHSA Annual Update and Updated Reversion Expenditure Plan. We now invite the public to review the plan and

provide comments on the proposed services and activities.

 ${\sf MCBH}\ uses\ {\sf MHSA}\ funds\ to\ pay\ for\ a\ very\ wide\ array\ of\ programs,\ activities,\ and\ services.\ These\ range\ from$ the wellness centers in Walker and Mammoth, to the community socials in Bridgeport and Benton, to North Star, our school-based counseling center. To learn more about how MCBH uses its MHSA funds and to weigh in on the programs we offer, be sure to participate in our public comment period.

Advertisements for the public comment period will be placed in two local newspapers: The Sheet and the Mammoth Times. (MCBH attempted to place an ad in El Sol de la Sierra (a Spanish language newspaper), but was not able to reach the correct contact in time.) Flyers advertising the public comment period and public hearing were posted throughout the County in welltrafficked public places such as post offices and community centers.

Mammoth Times: 11/29/18 and 12/13/18

452 Old Mammoth

Road #304

The Sheet: 12/1/18 and 12/15/18

Provide information on the public hearing held by the local mental health board after the close of the 30-day review

The public comment hearing will be held on December 19, 2018 from 5:00-6:00 pm in Mammoth Lakes. The public hearing was staffed by Amanda Greenberg, the MHSA Coordinator. One member of the press individuals attended the public hearing.

Include summary of substantive recommendations received during the stakeholder review and public hearing, and responses to those comments

No comments were received by the general public during the public comment period. The plan was reviewed and approved by the Behavioral Health Advisory Board on December 3, 2018. Several board members stated that they were glad to see so many funds going to housing, as this is the primary concern in town at present. No comments on the plan were received during the public hearing, though the MHSA Coordinator and the member of the press discussed the benefits of the MHSA and the programs that MCBH is able to offer because of the MHSA.

Include a description of any substantive changes made to the annual update that was circulated

This Updated Reversion Expenditure Plan was circulated with the MHSA FY 2018-2019 Annual Update in one large document. Due to unforeseen circumstances, MCBH needed to bring the Updated Reversion Expenditure Plan to the Board of Supervisors for approval before January 1, 2019. Therefore, the Reversion Expenditure Plan is being submitted to the Board of Supervisors for review separately from the Annual Update. The Annual Update will go to the Board of Supervisors in January, 2019. Other than this change, only minor grammatical changes were made to this document.