Meeting Minutes:

**Mono County Behavioral Health (MCBH)**

**Behavioral Health Advisory Board (BHAB) Meeting**

**Monday December 11, 2023, from 3:00-4:30**

In-person locations (required for BHAB members):

Mono County Civic Center: Dana Room (2nd floor)
1290 Tavern Road Mammoth Lakes, CA 93546

Bridgeport Memorial Hall
73 North School Street Bridgeport, CA 93517

Hybrid Zoom Option:<https://monocounty.zoom.us/j/7609242222>
Call in: +1 669 900 6833
Meeting ID: 760 924 2222

1. Meeting begin: 3:04 pm
2. Attendance: Marcella Rose, Krista Cooper, Jenny Lucas, Lois Klein, Stacy Corless, Ingrid Braun, Stacey Powells, Rolf Knutson, Dirk Addis, Carolyn Balliet, Amanda Greenberg, Robin Roberts, Lauren Plum
3. Public Comment: Neighbor has a child with mental illness; concerned that he may have been turned away from services; Robin explained that 1) we will not turn away anyone with Mono County Medi-Cal; 2) when we are unable to see individuals due to their insurance status, we always provide a list of other providers; 3) all adults have the option to seek mental health services or not
4. Approval of minutes from August 14th, 2023 (Action)
	1. Yeses: Lois, Carolyn, Dirk, Rolf, Ingrid, Stacy, Marcella; motion passes
5. Behavioral Health Department Updates
	1. Robin: Senate and assembly bills are passing frequently that will impact us
		1. SB 43: expanding the definition of the LPS (Lanterman – Petris – Short) Act, which relates to 5150s and conservatees, to include gravely disabled due to severe and persistent substance use disorder
		2. Counties have the option to defer implementation until January 2026; there’s no additional funding, criteria haven’t been defined, there are no facilities in which to place people
		3. Don’t anticipate that this will really impact us much anyway, because people here are usually functional and we have a good system in place when people from jail need to go to inpatient SUD treatment
	2. Robin: Paradise Paradox movie screening (focuses on mental health in resort communities): took place on Friday night – there was a panel that was well-attended; would like more people from the Town, BOS, etc. to see the movie; a lot of the movie was about what the Vail area government are doing; people can request a viewing from Jenny Lucas (Health and Safety Manager at Mammoth Mountain; she is also part of the mental wellbeing and resilience champions group
		1. MCBH Harm reduction team was also present at the screening and distributed Narcan to 35 people
	3. Community Programming
		1. MCBH has talked to 735 people about our programming since July (partnered with TANF in North County; attended Kutzadika days; hosted Foro Latino in September and December; weekly and monthly programming throughout the county; presentation in Benton for Tribe; we taught LifeSkills Training substance use prevention curriculum at Mammoth Middle School, Jan Work Community School, and Sierra High School; we have focused on having a consistent presence throughout the county at the schools; Coleville and Bridgeport LifeSkills Training will be in the spring;
			1. Question from BHAB Member: Are there any classes at the high school actually preparing kids for real life? Lois: there used to be financial algebra
	4. Staffing updates
		1. We are more fully staffed than ever: we have a new therapist, new staff services analyst, and we have a fiscal technical specialist starting as a case manager soon; we are interviewing for the Benton wellness center associate position this week
	5. Mid-year budget process
		1. This process is beginning now – some of the big changes we anticipate include opting into an Interoperability Solution through CalMHSA that will allow us to meet another CalAIM requirement; we will also be putting funding toward furnishings for 8 of our permanent supportive housing units at The Sawyer
	6. Upcoming MCBH items before the Mono County Board of Supervisors (BOS)
		1. On 12/12, Robin will discuss SB 43 and deferring implementation until 2026
		2. In January/February MCBH will talk about MHSA reform
		3. In February: CalMHSA Interoperability Solution contract
6. Approval of Community Program Planning Process (CPPP) for Mental Health Services Act (MHSA) FY 24-25 Annual Update (Action)
	1. MCBH proposes the following for the CPPP
		1. Community survey with updated questions including insurance status and housing status
		2. Focus groups or other mechanisms for feedback in existing programming
	2. Question/discussion about why Medi-Cal mental health benefit doesn’t travel from county to county
		1. Stacy Corless will ask around in Sacramento
	3. Vote to approve the proposed CPPP
		1. Yeses: Carolyn, Dirk, Rolf, Stacey, Ingrid, Stacy, Lois, Marcella; motion passes
	4. Stacy Corless will bring prizes for acronym pop quiz next meeting
7. Quality Improvement Discussion Topic
	1. MCBH Equity Work Plan & Cultural and Linguistic Competence Plan (CLCP)
		1. CLCP is due annually at the end of this month – it outlines our cultural competence goals and evaluates our progress toward last year’s goals
		2. Equity work plan is related to the CLCP and has some overlap; it is broken out into four major parts:
			1. Intrapersonal: Continuing education (monthly) for staff
			2. Interpersonal: Providing opportunities for staff to build trust and get to know one another
			3. Departmental: Includes policies, information about interviews, etc.
			4. Institutional: working with County and partners
		3. Recently watched *Manzanar, Diverted: When Water Becomes Dust*, which we highly recommend to all: <https://www.youtube.com/watch?v=9TMFCPuukV4>
		4. COC: Business-level conversations about DEI, community-level events: Native American Heritage month, Latin Heritage month, Mental health awareness month
	2. Seeking any feedback from our CLCP and Equity Plan:
		1. Stacey P. brought up that Judith Jimenez would like to talk to the BHAB and may even be interested in joining BHAB – Stacey will invite her to the next meeting
	3. Stacy C. sees through her work with Sierra Business Council that people could really use “Indigenous 101” as a series (don’t want just one-time thing)
		1. Stacy can share some online resources with the group
	4. Feedback from BHAB overall: wonderful, keep up the good work; Lauren to provide copies for February meeting
8. Discuss BHAB providing an update to the BOS
	1. Can do a brief overview of what the BHAB does
	2. Ingrid will put an item on the agenda for April 16
	3. Agenda item for Feb meeting: planning presentation
9. Board Member Reports
	1. Ingrid: Sheriff’s Office has a therapy dog who went to the Paradise Paradox movie screening; her staff participated in Shop with a Cop
	2. Stacey P.: Robin was a guest on her TV show; Second Chance has a lot of free food
	3. Rolf: Attended MCBH holiday party – thank you; noticed trends in pop culture that there seem to be more TV shows than ever with characters with mental health issues
	4. Dirk: Senior doughnut drop-in has been going well consistent 6-person attendance; Hang time has developed a group of 3-4 people – started playing games; LGBTQ+ Spooktacular screening of Rocky Horror Picture Show; Thanksgiving outreach in Benton;
	5. Carolyn: Angel Giving Tree is this week; Verizon store: changes to free/inexpensive phone program; question about Granpad program, which Lauren explained
	6. Lois: November Mammoth Lakes Foundation invited Robin to speak to the scholarship recipients – really great discussion with mostly boys – perhaps a trend that they are sharing more; Rotary holiday party – brought gifts for a certain age group; Robin also spoke at Rotary;
	7. Marcella: This summer Mono County Recreation made progress with Bridgeport Indian Colony related to Travertine Hot Springs; Mono County is working on installing a gate, which will close the hot springs for a week twice per year, allowing the Bridgeport Indian Colony to use the hot springs privately for ceremony; attended an event hosted by MCOE: CA Community Schools Partnership (well-funded initiative) – learning and care for children goes beyond school and mental health is addressed in several of the pillars – Mono County Recreation is going to participate in this initiative; a few Bridgeport Fire volunteers attended the Mental Health First Aid (MHFA) training and really appreciated it; always eager to partner with MCBH – for example you could “Adopt a Trail”; would be interested in future presentation on Mobile Crisis
	8. Krista C.: Granpads project is going well and Matt Ullery has also been doing computer literacy programming for seniors as well; Angel Giving Tree always helps our foster kids; also partner with Lighthouse Church for seniors in the Tri-Valley area
	9. Jenny Lucas: Include info on local agencies during employee orientation; MHFA trainings for managers; starting with employee safety and wellbeing program; strength and mobility classes for staff; weekly yoga programs in collaboration with Elevate; Will be doing a series of sober events; interested in joining the BHAB officially
	10. Margee: outreach: partnering with Marine base for baby shower for a group of expectant mothers; Health Equity Officer has been having regular office hours at the Senior Center; Attending MMSA Orientation on 12/18 and providing vaccines if desired; Started process of doing community health needs assessment
	11. Stacy Corless: recently joined the board of the Mammoth Mountain Community Foundation: formerly focused on funding things like ski PE; board recently decided to focus more on community and received a directed gift to focus on mental health initiatives; perhaps more MHFA; thanks for including the BHAB at holiday party
10. Future items:
	1. Possible presentation of Mobile Crisis Response program
	2. Additional new member trainings
11. Confirm meeting schedule for 2024 and adjourn to next meeting
	1. **February 12, 2024: 3:00 – 4:30pm**
	2. **2024 Calendar: February 12, 2024; April 8, 2024; June 10, 2024; August 12, 2024; October 21, 2024 (note this is the 3rd Monday due to Indigenous People’s Day); December 9, 2024**

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In compliance with the Americans with Disabilities Act, anyone who needs special assistance to attend this meeting can contact the Behavioral Health Department at 760-924-1740 within 48 hours prior to the meeting in order to ensure accessibility (see 42 USCS 12132, 28CFR 35.130). MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-174