Meeting Agenda:

Behavioral Health Advisory Board &

Mental Health Services Act FY 2020-2023 Three-Year Plan and

FY 2021-2022 Annual Update Public Hearing

Monday June 14, 2021 from 3:00-4:30

Zoom meeting:

Link: <https://monocounty.zoom.us/j/7609241741>

Call in: +1 669 900 6833

Meeting ID: 760 924 1741

Meeting called to order at: 3:06 pm

**Attendees: Carolyn Balliet**, Amanda Greenberg (MCBH Program Manager), Marcella Rose (MCBH Staff Services Analyst), Emily Crocetti (The Sheet), **Stacy Corless** (Mono County Board of Supervisors), **Dirk Addis/Katherine Caroline (Community Member)**, Krista Cooper (Mono County Social Services), **Lois Klein (Community Member)**, Lauren Plum (MCBH Staff Services Analyst), Susi Bains (MCBH Contractor), Robin Roberts (MCBH Director), **Rolf Knutson (Community member)**,Olga (Community member)

*BHAB Board Members are in* ***Bold***

1. Public Comment
   1. No Comments.
2. Mental Health Services Act FY 2020-2023 Three-Year Plan and FY 2021-2022 Annual Update Public Hearing: Presentation by Amanda Greenberg (Action: Public Hearing and Advisory Board Approval)
   1. Update available at <https://www.monocounty.ca.gov/sites/default/files/fileattachments/behavioral_health/page/10057/mono_mhsa_fy_20-23_three_year_plan_21-22_annual_update_draft_for_public_comment.pdf>
   2. Public hearing called to order at 3:08
   3. Presentation Summary:
      1. Community Program Planning Survey results
         1. Main concerns related to mental health
            1. Accessing Mental Health Providers
            2. Challenging Family Relationships
            3. Lack of Programs and Services for specific groups
            4. Isolation and lack of social involvement
            5. Lack of knowledge of mental health issues
            6. Mental health stigma
            7. Lack of stable employment
         2. Main strategies to address the mental health
            1. Increase community engagement via programs
            2. More programs for special populations
            3. Increase awareness of mental health programs
            4. Use tech to promote connection
            5. Offer programs at more convenient times & locations
            6. Assistance meeting basic needs
            7. Recruit and retain high quality BH staff
      2. Community Services and support offered:
         1. Full Service Partnership Program
         2. Telehealth Services
         3. WRAP Program
         4. MHSA Housing Program
         5. Expansion of Case Management & Supportive Services
         6. Crisis Intervention / Stabilization Program
         7. Community Outreach & Engagement
            1. Socials & Foro Latino
         8. Wellness Programming
      3. Prevention & Early Intervention Programs
         1. PeaPod Play Group
         2. Walker Senior Center
         3. North Star School-Based Services
         4. Community Trainings
         5. Outreach in Outlying Communities to Increase Access & Linkage to Treatment
         6. Community Engagement to Reduce Stigma and Discrimination
      4. Innovation
         1. “Must be novel, creative and/or ingenious mental health practices and approaches
            1. Help@Hand mobile app

On-going; MCBH & CalMHSA

* + - * 1. Mobile Crisis Response

Planned to begin FY 21-22

* + 1. Workforce Education
       1. Training and Conferences
          1. Cultural Competence
       2. Staff Supervision
       3. Loan Assumption Program
    2. Capital Facilities & Technical Needs
       1. MHSA Housing Project in Mammoth Lakes
       2. No Place Like Home Funding
    3. Fiscal Year 20-21 Achievements
       1. Distributed >400 activity bags to help families cope in early days of pandemic lock-down
       2. During the 20-21 school year: 125 kids yoga classes, 42 diversity readings, 16 mindfulness sessions, and 15 wellness conversations
       3. Social media outreach from 66 Facebook followers now up to 1,011
       4. FY 19-20 hosted two community healing events in response to several suicides
       5. Mental Health First Aid courses held and planned for FY 21-22
       6. Started Yoga in the park in 4 communities in April
       7. Offering expanded community programs this summer
  1. Presentation Discussion
     1. WRAP Program – how successful is it?
        1. Robin Roberts discussed the program’s success – how it has helped families in the probation and child welfare systems.
     2. Suicide cluster – went from 6 to actually 9 people
        1. Biggest up and coming risk group is white females aged 25-35
        2. Most suicides here are from non-residents, male, and often because this area has special meaning to them
  2. Motion to approve – LK
     1. Second – DA (KC)
     2. All in favor – SC, CB, LK, DA (KC), RK
     3. Motion Carried – Approved!

1. Behavioral Health Department Additional Updates
   1. Staff changes
      1. Welcome Lauren! Wellness Supervisor
      2. Welcome Dirk! Wellness Associate
      3. Happy Retirement! Julie Jones (JJ) – Quality Assurance Coordinator
      4. New Clinician intern starting at end of month
   2. Upcoming audits/reports/preparation
      1. Network Adequacy (NACT) – Due July 2021
      2. Triennial – Due September 2021
      3. Audit feedback from EQRO - we need to increase our Medi-Cal Billing
         1. MCBH has a plan to improve this and all MCBH staff are working diligently to improve this metric
   3. Other updates
      1. Tomorrow (6/15) is World Elder Abuse Awareness Day – wear purple to support!
      2. Clear plan in place for MCBH to return to the new Civic Center office for when the County opens
      3. Moving back towards In-Person Wellness Programming (Walker, Bridgeport, Mammoth)
         1. Guided Meditation
         2. Yoga
         3. Middle School/High school organized games
         4. Senior Breakfasts
         5. Mindfulness
         6. Family Potluck (w/ yoga?)
         7. Wildflower Hikes
         8. Art Sessions for Family
         9. One-on-One wellness sessions
      4. Other Programming
         1. LGBQT+ Support group launch
         2. Narcan Distribution Events
      5. Social Services going to hire a Site Attendant to deliver meals to seniors in the Tri Valley area. Small part time job and a great way to connect with seniors. The job posting is list on Mono County website.
      6. Wellness Programming Discussion
         1. How to you determine what to offer? Any plans for this?
            1. LP: Yes! We are going to collect survey data, and we are planning on hosting a big “Get to know us” Potluck to establish a relationship with the community where we can identify wellness programming needs.
2. Quality Improvement Discussion Topic: Behavioral Health Services for Foster Youth
   1. Building a bridge between Quality Improvement Committee and our Stakeholders
      1. Talking in QIC in how we bridge the gap between administrative meetings (Ex. Quality Improvement Committee) and those meetings with more stakeholder involvement (Ex. BHAB)
         1. Can we integrate quality improvement discussions into BHAB, and then report back to the QIC?
      2. ***Moved this item to next BHAB Meeting***
3. Board Appointment/New Member Recruitment
   1. CB may have a friend who is interested
4. Approval of minutes from April 12, 2021.
   1. Motion to approve – SC
      1. Second – LK
         1. All in favor – CB, LK, SC, DA
      2. Motion carried – minutes approved!
5. Board Member Reports
   1. CB shared information about upcoming event
   2. LK
   3. SC
      1. At BOS we are going through budget process right now and are set to approve 21-22 budget at Board meeting tomorrow
      2. County contracted with Rita Cameron Wedding for cultural competence training
         1. Training for County Employees – identify where Mono County needs to do better to create racial equity
   4. RK
      1. Sidebar discussion – senior programming in Mammoth
         1. Can we increase programming and advertisement there?
   5. DA (KC)
      1. Will start working as a wellness associate for MCBH
6. Confirm date and adjourn to next meeting.
   1. 2nd Monday of August

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In compliance with the Americans with Disabilities Act, anyone who needs special assistance to attend this meeting can contact the Behavioral Health Department at 760-924-1740 within 48 hours prior to the meeting in order to ensure accessibility (see 42 USCS 12132, 28CFR 35.130). MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-174